

## FIVE DAY PROGRAMME

|                 | Day 1<br>Monday 1 <sup>st</sup> September  | Day 2<br>Tuesday 2 <sup>nd</sup> September   | Day 3<br>Wednesday 3 <sup>rd</sup> September    | Day 4<br>Thursday 4 <sup>th</sup> September   | Day 5<br>Friday 5 <sup>th</sup> September   |
|-----------------|--|--|---|---|---|
| 9.00            | Welcome & Lecture<br>(Una McCluskey)   | Lecture<br>(Una McCluskey)   | Lecture<br>(Una McCluskey)                      | Lecture<br>(Una McCluskey)  | Lecture<br>(Una McCluskey)  |
| 9.30            | Experiential Group<br><b>THE CARESEEKING SELF</b>  | Experiential Group<br><b>THE CAREGIVING SELF</b>   | Experiential Group<br><b>THE DEFENSIVE SELF</b> | Experiential Group<br><b>THE INTEREST-SHARING AND SEXUAL SELF</b>   | Experiential Group<br><b>THE SELF CREATING A SUPPORTIVE EXTERNAL ENVIRONMENT</b>                  |
| 11.00           | BREAK  | BREAK  | BREAK   | BREAK   | BREAK   |
| 11.30           | Experiential Group<br><b>THE CARESEEKING SELF</b>  | Experiential Group p<br><b>THE CAREGIVING SELF</b>   | Experiential Group<br><b>THE DEFENSIVE SELF</b> | Experiential Group<br><b>THE INTEREST-SHARING AND SEXUAL SELF</b>   | Experiential Group<br><b>THE SELF CREATING A SUPPORTIVE EXTERNAL ENVIRONMENT</b>                  |
| 13.00           | LUNCH BREAK  | LUNCH BREAK  | SPEND THE AFTERNOON<br>EXPLORING YORK           | LUNCH BREAK   | LUNCH BREAK   |
| 14.30           | Presentation<br><b>Una McCluskey</b><br>Exploratory Goal-Corrected<br>Psychotherapy (EGCP)                                 | Presentation<br><b>Michael O'Toole</b><br>The McCluskey Model, The<br>Alexander Technique, an<br>Integration of learning |   | Presentation<br><b>Mark Linington</b><br>Developing a secure and explorative<br>organisation                                    | Presentation<br><b>Tanya Jane-Patmore</b><br>Noon's Story<br>Working cross-culturally with trauma |
| 15.10           | <b>Transition</b>  | <b>Transition</b>  |   | <b>Transition</b>   | <b>Transition</b>   |
| 15.20           | Presentation<br><b>Bratislava Training Group</b><br>How the McCluskey Model<br>Changes Us: Beyond Our Work<br>with Clients | Presentation<br><b>Alena Molčanová</b><br>The McCluskey Model: Its<br>Application in Social Work with<br>Families        |   | Presentation<br><b>Michael Guiding</b><br>"...and the end of all our<br>exploring..." Reflections on the<br>Restorative Process | Next steps for the Association (AEDAA),<br>followed by unfinished business and<br>good-bye        |
| 16.00           | BREAK  | BREAK  |   | BREAK   | CONFERENCE ENDS   |
| 16.20           | The launch of the Association<br>(AEDAA) followed by reflections on<br>the day facilitated by Una McCluske                 | Large Group: Reflections on the day<br>facilitated by Una McCluskey  |   | Large Group: Reflections on the day<br>facilitated by Una McCluskey   |   |
| 17.00           | Conference day ends for main<br>delegation   | Conference day ends for main<br>delegation   |   | Conference day ends for full<br>delegation  |   |
| 17.30-<br>18.30 | Supervision for group facilitators<br><b>Una McCluskey</b>   | Supervision for group facilitators<br><b>Una McCluskey</b>   |   | Supervision for group facilitators<br><b>Una McCluskey</b>  | Supervision for group facilitators will<br>be held on a date post-Conference                      |